



---

## NEAR Science- Beyond ACEs: Building Self-Healing Communities

---

### Understand how ACEs impact us and our communities:

- \* “Adverse Childhood Experiences are the single greatest unaddressed **public health** threat facing our nation today.” - Dr. Robert Block
- \* ACEs are common. However, what is predictable is **preventable and solvable**.
- \* When people hear about the impact of ACEs, they are motivated to learn about **RESILIENCE**.
- \* Building community capacity improves population-level results.
- \* When we know better, we do better.
- \* Change is up to us.

### About the **Community Resilience Trainers**:

Potts Family Foundation is helping Oklahoma communities develop a cross-sector common understanding, vocabulary and approach to resilience building through the Self-Healing Communities (SHC) framework. The foundation of this framework is based on an understanding of the biology of adversity and the research into how prevention can be nurtured in individuals and throughout the community to help develop our untapped potential. As part of this effort, the **NEAR Science- Beyond ACEs Community Resilience Training Team** is offering training presentations statewide. The **NEAR Science explores the Neurobiology, Epigenetics, ACEs Study and Resilience**.

The training was developed by **Dr. Robert Anda**, the co-principal investigator and designer for the ACEs study, and **Laura Porter** of ACE Interface and has been reviewed and approved by relevant known experts in the field for its scientific content. The Training Team has completed a three-day course with Dr. Anda and Laura Porter.

---

The team recommends at least two hours for the presentation, though the presentation can be tailored to fit other time frames. Presentations are offered at no charge by our team of 31 Community Resilience Trainers. Interested agencies, businesses, schools, communities or other entities should contact Linda Manaugh ([lmanaugh@pottsfamilyfoundation.org](mailto:lmanaugh@pottsfamilyfoundation.org)) or Cheryl Step ([cstep.cr@gmail.com](mailto:cstep.cr@gmail.com)) to initiate the scheduling process.